

Womix & FeMS Mixer World Café

Question 3: Now realistically, what should WomiX and FeMS do to empower women and minorities? As a woman, what kind of support would you wish for?

- Providing Mentoring
- Assist with work/life balance (especially in the US)
- Conduct grant writing workshops
- Create support groups or safe spaces
- Help raise awareness
- Be a role model
- Organize an workshops on confidence building
- Make the platform & website more accessible and be more present as an group



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Question 2: Theoretically, in a world with unlimited resources, what do you think are the best strategies to empower women?

- Exposing students to opportunities in science in primary school
- Networking & collaboration
- By empowering women's voices and creating safe places for them
- Equal pay
- Stern engagement from a young age
- Acknowledgement/engagement from male peers
- Child care support/maternity care
- Education



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Question 1: What are the major challenges for women to pursue a career in mass spectrometry or metabolomics?

- Run your own race for tenure and promotion
- Industry biased
- Getting grants as an independent researcher
- Lack of mentoring, difficulty to get into the politics of institutions
- Lack of acceptance in male dominated administration positions as we [women] don't understand or can't get along with the "bro culture"
- Overlook by male colleagues
- Family commitment
- Pay gap

